College student's career and Conflict

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Abstract

Every person in the world has to meet physical and mental needs while living life. But they are not easily accomplished, so we have to struggle to accomplish them. It's just that some have to struggle less, some have to struggle more. Conflict is created first through our mental process and behavior is born out of the mental process. And behavior creates physical conflict. That is, conflict is manifested in both physical and mental forms. Conflict definition in psychology, the arousal of to our stronger motives that cannot be solved together definition of conflict process in Wikipedia a conflict is a struggle and a clash of interest opinion, or even principles. Conflict will always be ground in society; the basis of conflict may vary to be personal, racial, class, caste, political and international. Management study guide define the conflict is as a clash between individual arising out of a difference in thought process, attitude, understanding, interest, requirements and even sometimes principles. A conflict results in heated, arguments, physical abuse and definitely loss of peace and harmony. Every person's struggle follows a mental process. This research is based on this assumed principle. Objectives of this research is billow 01) To create awareness in the college students, what is conflict? 02) To make the students aware of the consequences of the struggle. 03) How can college students overcome conflict and gain control. 04) Explain how conflict hinders students' careers. Conclusion of this research is following 01) Students have less self-confidence and more confidence in others. 02) Students have more negative thoughts than positive thoughts. 03) Most students do not do any best.

Keywords: -Conflict, Origen of conflict, Types of Conflict, Impact factors on students' conflict, and how to control conflict.

Introduction: -Every person in the world has to meet physical and mental needs while living life. But they are not easily accomplished, so we have to struggle to accomplish them. It's just that some have to struggle less, some have to struggle more. Conflict is created first through our mental process and behavior is born out of the mental process. And behavior creates physical conflict. That is, conflict is manifested in both physical and mental forms. Conflict definition in psychology, the arousal of to our stronger motives that cannot be solved together definition of conflict process in Wikipedia a conflict is a struggle and a clash of interest opinion, or even principles. Conflict will always be ground in society; the basis of conflict may vary to be personal, racial, class, caste, political and international. Management study guide define the conflict is as a clash between individual arising out of a difference in thought process, attitude, understanding, interest, requirements and even sometimes principles. A conflict results in heated, arguments, physical abuse and definitely loss of peace and harmony. Every person's struggle follows a mental process. This research is based on this assumed principle.

Objectives:-

   01) To create awareness in the college students, what is conflict?
   02) To make the students aware of the consequences of the struggle.
   03) How can college students overcome conflict and gain control.
  04) Explain how conflict hinders students' careers.

Conflict formation: Conflict is created in our minds. That is, they are responsible for every physical and mental struggle, the mental processes of each of them. Every student goes through a mental struggle. As a college student builds his career, the intensity of his struggle depends on how he looks at his career and the world around him. The factors responsible for the formation of conflict are as follows. Pain-Attention-Sensation, thought, motivation, emotion, and decision making process.

   01) Sensation-Attention-Perception: - When students are pursuing their careers in the field of education, their struggle depends on how they penetrate the world through their five senses, that is, how much attention they pay to education, study and career while pursuing their careers.

What in the world do they focus on and what do they not focus on? Also do we try to do anything 100% while studying? If they do, there won't be much conflict.

02) Negative Thinking: - Thoughts are mainly negative and positive. Conflicts are 100% created when college students look at studies and their careers from a negative point of view, but they do not do anything from a positive point of view. And then learning is of no use. This negative attitude leads to conflict.

03) Unrealistic needs: - Every person from birth to death is trying to meet the physical and mental needs. But there is no guarantee that all needs will be met. We are happy when our needs are met, and we are sad when our needs are not met. That is, conflict arises in the mind. Physical struggle accompanies mental struggle to meet those needs. Every student is trying to meet their mental needs through education. If we create unrealistic needs and try to meet them, they will definitely not be met and then conflict arises. The question arises as to whether education should be learned or not.

04) You don't have the capacity. Many students fail in life because they do not have that ability. When I do not have the ability to succeed in any field, if I pretend that I have them, then there will definitely be conflict in the future. Because while studying in college, time, money, age, physical and mental efforts are wasted. Then things like frustration, anxiety, frustration, suicide happen automatically.

Main Types of Conflicts

The main four types of conflicts According To Kurt Lewin are following.

1. Approach-approach conflict: In this type of conflict individual will have two desires with positive valence which are equally powerful. For example, a person has two attractive job offers and he has to choose any one of them- tension arises. Such conflicts are not so harmful, because after selecting one, the other one automatically subsides or loses its importance to him. But in some situation choice will be very difficult. For example, a girl has to choose either loving parents or a boy friend for inter-caste marriage. Such cases are like 'you cannot have the cake and eat it too'.

2. Avoidance-avoidance conflict: This conflict involves two goals with negative valence. At times the individual is forced to choose one among two negative goals. In such conflicts, both are unwanted goals, this is also known as a no win situation. For example, a woman must work at a job which she dislikes very much or else she has to remain unemployed. Here the individual is caught between two repelling threats, fears or situations. When she cannot choose either of them she may try to escape from the field itself. But the consequences of the escape may also be harmful. For example, a person who cannot convince the mother or the wife may resort to Alcohol consumption which is otherwise dangerous or some people may even commit suicide.

3. Approach-avoidance conflict: This is also a most complex conflict and very difficult to resolve. Because in this type of conflict a person is both attracted and repelled by the same goal object. Here the goal object will have both positive and negative valences. The positive valence attracts the person, but as he approaches, the negative valence repels him back. Attraction of the goal and inability to approach it leads to frustration and tension. For example, a person is approaching to accept a job offer, because the salary is attractive- but at the same time he is repelled back as the job is very risky. A man wants to marry to lead a family life, but does not want the responsibilities of family life.

4. Multiple-approach-avoidance conflict: Some of the situations in life we come across will involve both positive and negative valences of multiple nature. Suppose a woman is engaged to be married. The marriage to her has positive valences like-providing security to life and marrying a person whom she loves very much. Suppose, on the other hand, if the marriage is repellent to her because she has to quit her attractive job and salary, recognition which makes her dependent, the situation builds up tension in her. The resolution of this conflict depends upon the sum total of both valences. If the sum total of attractive valence takes upper hand, she will quit the job and go for marriage; otherwise she may reject marriage and continue the job if the sum total of negative valence is powerful.

Factors Affecting Students Conflict

These are the factors affecting student's conflict, Financial Situation Poverty Illiteracy, Fear of Failure, Negative Approach about Education

Financial Situation	Poverty	Illiteracy
Fear of Failure	Negative Attitude	

How to manage Conflict:

According to me, there are four ways to control conflict, these are following.

01) Student should be Doing Positive Thinking with Positive action - Many students today say that we think positively, live optimistic lives, and never think negative thoughts. Not only sound education but his alertness and dedication too are most required. Positive Thinking, Positive Thinking, Positive Thinking, Positive Thinking and of course those things make a huge difference in our lives. And the chances of success in a career are high.

02) Choose a career according to your abilities and interest. Even today we see that many students have very important factors like their own abilities, and interest etc. But that factor seems to be completely ignored by parents, teachers, and students. That is why if students, parents and teachers take into consideration the factors like abilities, interests, good personality, etc. in the students then there will be no conflict in the career of the students. *"Not just in the well, but in the bucket, where will it come from?"* This saying says a lot.

03) Trying to get students to complete 100% of anything while studying or pursuing a career. Students need to put aside the negative aspects of their education and career and try to do everything 100% best. But many students do not. Wandering while studying, partial study, persistence, fears of failure, and lack of self-confidence. This leads to physical and mental conflict. So do very well whatever the students do or do nothing.

4) I can do attitude: The body works according to your mind as long as your mind does nothing to send a message to the city I can't do anything I can do something only when you decide how to do your mind Begins. I can do attitude, generate the power, skill, and energy needed to do. When you believe I can do it, the how to does it automatically develops.

05) Not comparing you to others: Many college students find themselves struggling by comparing themselves to others. Because they compare themselves to others. Because everyone's ability, Interest, will power, hard work, attention, intelligence, personality, these qualities are different. Very few students discover these qualities and put them into practice. Students can be successful in life if they compete with themselves and gradually improve.

Recommendation:

- Students should believe in themselves more than others.
- Students should explore their own abilities, that is, introspect.
- Students should correct their shortcomings or mistakes without covering them up.
- Students should never deceive themselves.
- Students and parents should keep in mind that a job is not the only career.
- Students should learn to digest failure.
- And Life is fleeting and they should live happily every day.

Conclusion:-

01) Students have less self-confidence and more confidence in others.

02) Students have more negative thoughts than positive thoughts.

03) Most students do not do any best.

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