Subjective well-being and perceived loneliness in Transgenders

Marissa Grace Smith* and Tina Fernandes**

Abstract

The objective of the study was to determine the relationship between *Subjective Well-being* and *Perceived Loneliness* in Transgenders. Data collected by using purposive sampling from 30 Transgenders identified by NGOs in Secunderabad. The Subjective Well-Being Inventory (Sell & Nagpal., 1992) and Perceived Loneliness Scale (Jha, 1997) were used to measure the correlation between *Subjective Well-being* and its dimensions with *Perceived Loneliness*. Results indicated a significant negative correlation of -0.65 between *Subjective Well-being* (M = 77.07, SD = 9.27) and *Perceived Loneliness* (M = 109.17, SD = 20.44) in Transgenders. Correlation matrix between the 11 dimensions of the Subjective Well-being scale and its relationship with Perceived Loneliness was found to be significant. For the holistic development of society, the study recommends it is imperative to understand the underlying dynamics of transgenders with regard to their *Subjective Well-being* and *Perceived Loneliness*.

Key words: Subjective Well-being, Loneliness, Transgenders.

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