

Self Transcendence & Self Enhancement as predictors of Life Satisfaction among Married Female Gazetted Officers

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Abstract

Value elevates, enriches and enlarges the human spirit for positive societal development. The severe erosion of moral values leads to individual ineffectiveness and dissatisfaction further leaving a negative impact on the society. The objective of the present research is to study the relationship between Self Transcendence and Self Enhancement as predictors of Life Satisfaction among Married Female Gazetted Officers. The sample consists of 220 married female gazetted officers from a Government **Training Institute in New Delhi**. The psychological tools used are The Satisfaction With Life Scale (SWLS; 1985) which assesses the satisfaction of the respondent's life as a whole; and Short Schwartz's Value Survey (SSVS; 2005) which estimates people's opinions on 10 values. The results indicated that a strong positive correlation exists between the dimension of self transcendence and life satisfaction. On the other hand, a moderate negative correlation is seen between the dimension of self enhancement and life satisfaction. Thus, self transcendence and self enhancement conflicting each other in terms of life satisfaction.

Key Words: *Self Transcendence, Self Enhancement, Life Satisfaction*

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