

Social Support for Differently Abled – Influence on Well Being

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Abstract

Around one billion people live with disabilities globally - they are the world's largest minority. Of this number many live under conditions that can be harsh and unwelcoming. Differently abled people in many countries are attacked, abused and segregated from the mainstream. They face a lot of emotional turmoil and problems in personal as well as emotional level. Addressing these problems and providing appropriate psychosocial care is very much necessary in promoting the overall quality of life of individuals with disability. This study was conducted to assess the influence of perceived social support and level of dependence on the wellbeing of differently abled population. The sample constituted of 33 individuals with cerebral palsy who had no intellectual impairment. They were assessed for level of dependence, perceived social support and well-being using Barthel Index of Activities of Daily Living, Multidimensional Scale of Perceived Social Support and PGI- well-being scale (Verma and Verma) respectively. Convenience sampling technique was used. The statistical techniques used for the analysis was Spearman's correlation. c

Key words: Differently abled, Well-being, Perceived Social Support, Level of Dependence

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