

Defence Mechanism as function of Conflictive Thoughts among Adults

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Abstract: -

Purpose of the study is to find out whether the Defence Mechanism are affect by conflictive thoughts, for this investigation sample of 200 subjects was selected for this study through randomize sampling, in which higher conflictive thoughts 100 & lower conflictive thoughts 100 adults from Marathwada region. To classify the higher and lower conflictive thoughts, the conflictive thoughts analysis inventory, constructed by C. G Deshpande were used and to assess the Defense Mechanism N.R.Mrinal and Uma Singhal. Defense Mechanism Inventory (DMI) Hindi were used, and 't' test was applied to find out the difference between groups. The result obtained through the study showed adults experience higher conflictive thoughts exhibit higher clusters of Defence Mechanism than adults experience lower conflictive thoughts.

Keywords: Conflictive Thoughts, Defence Mechanism, Adults.