

## Relationship between Emotional Intelligence and Happiness among College Students

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### **Abstract**

Present study organized to know the relationship between Emotional Intelligence and Happiness of College Students. Total 300 participants were randomly selected from different colleges of Aurangabad District. To collect the data Emotional Intelligence Scale and Happiness Questionnaire were used. Co-relation calculated by Pearson correlation coefficient. Result indicates that happiness was positively correlates with the Self-awareness, Self-regulation, Motivation, Social Awareness, Social Skills and overall Emotional Intelligence.

**Keywords:** Emotional Intelligence, Happiness, Happiness Questionnaire

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