

## A Review : Cognitive Impairments of Alcohol Dependent :

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### Abstract

This study examined the various concurrent and past studies on Cognitive Impairments of Alcohol Dependent. There are many research studies found in relation to Cognitive impairment of Alcohol Dependent. The effects of alcohol are spread over all the executive functions, like memory, planning, decision making, memory etc. Also impairments in Brain and neural pathways found in many studies. All the studies indicates that normal level of drink not harmful but when it increases and a person became addict of alcohol that creates problem in daily life, mental health as well as cognitive functions.

**Keywords:** *Genetic Factors of Impairment, Cognitive impairment, Anatomical Lesions, Nervous system Impairments,*